

Fortnight Message

Issue-001: 01-10-2025-15-10-2025)

🌻 Listening to Little Hearts 🌻

Introduction:

i. Every child, even the tiniest baby, has a voice — not always made of words but full of meaning and emotion.

ii. The smiles, cries, gestures, and small touches are their first language of connection.

iii. As parents and teachers, it is our responsibility to **listen beyond words**, to understand the feelings behind those expressions.

iv. When we listen patiently and lovingly, we nurture not only their communication skills but also their **confidence, emotional balance, and sense of belonging**.



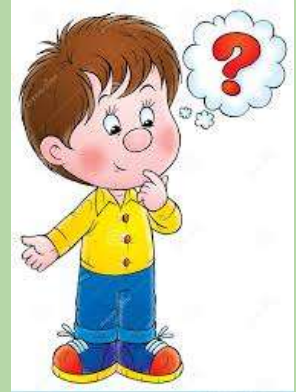
Main Idea: The Power of Listening

1. For Parents:

- Be **patient observers** — watch how your child expresses joy, fear, or curiosity.
- **Don't hurry communication**; give time for your child to form thoughts and words.



- **Respond gently** to every small attempt to communicate — a pull on your sleeve or a whispered word deserves attention.



- **Avoid constant correction**; encouragement helps your child speak more freely.
- **Model good communication** — children absorb the way adults talk, listen, and express.



- Create a **calm home environment** where talking, listening, and emotional sharing happen naturally.

2. For Teachers:

- Every classroom must be a **listening space** where children feel heard and respected.
- Encourage students to **speak their thoughts without fear of judgment**.
- Be attentive not only to what they say but **how they behave or express nonverbally**.



- When a child is quiet or withdrawn, listen with empathy — silence also speaks.
- Use gentle tone and **positive body language**; your response teaches emotional discipline.
- Involve children in conversations, storytelling, and discussions to build both **language skills and emotional intelligence**.



3. Benefits of Listening:

- Builds **trust and emotional security** between child and adult.
- Strengthens **language development** — children learn to express clearly when they are listened to patiently.
- Promotes **self-confidence and social harmony** — children feel valued and understood.
- Reduces **tantrums and aggressive behaviour** — children who are heard don't need to shout to be noticed.
- Develops a **peaceful and positive environment** at home and school.

☀️ 4. Practical Suggestions:

 Situation	 What to Do
 A child pulls your hand or points instead of speaking	 Pause your work →  kneel down →  make eye contact →  respond softly and kindly.
 A child mispronounces or stammers	 Smile →  repeat the correct word →  correct kindly without criticism .
 A child is silent or upset	 Ask gently, “Would you like to tell me what happened?” →  give comfort, not pressure.
 In class discussions	 Give equal chance to quiet children →  praise effort, not perfection .
 During daily routines	 Share short conversations →  talk about the day →  let the child express thoughts freely.

🌸 Conclusion:

i. Listening is not just hearing words — it is **understanding feelings**.

ii. Both at home and in school, when we listen to children with patience and warmth, we help them grow into **confident, compassionate, and expressive individuals**.

iii. The few quiet moments we spend listening to our little ones today will echo as lifelong trust, creativity, and emotional strength tomorrow.

iv. Let us promise — as parents and teachers — to always pause, listen, and respond with love to every **“little voice”** around us.